

THE SEAL OF GOD AND THE SABBATH

Who are the 144,000?

Lecture Notes Provided By:
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The Seal of the Living God

Seven terrible plagues are to sweep over this world just before the end of time when Jesus shall return in glory. Every one who has read the account of the deliverance of Israel from Egyptian oppression, will remember that before the last plague fell on the Egyptians, God told his people to put a mark on their doorposts, so that the destroying angel would pass-over them. In the same way, before the deliverance of God's people from the oppression of spiritual Babylon, God gives His people a special mark or seal which identifies them as His true followers. These people, called the remnant in Rev. 12:17, will receive the seal or mark of God, setting them apart from the rest of the world. Having the seal of God they will be protected from the seven last plagues. The saved who receive the seal or mark of God are contrasted with the lost who receive the seal or mark of the beast.

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| Rev 6:12-17 | The opening of the sixth seal describes the return of Jesus Christ. The solemn question is asked, "Who shall be able to stand?" |
| Rev 6:16 | The wicked call for the mountains and rocks to fall on them. They want to hide from the face of Jesus whom they have spurned. They have rejected Christ by rejecting the three angel's messages. Now they flee from the presence of the glorified Christ as he returns to redeem His faithful followers. |
| Isaiah 25:9 | The righteous, having passed through the seven last plagues, now behold their redeemer. They cry out with joy, "Lo, this is our God, we have waited for Him, and He will save us!" |
| Rev 6:17 | "The great day of his wrath is come, and who shall be able to stand?" The wrath of God is the seven last plagues (Rev 15:1). The question is, "Who shall be able to stand protected by God through the seven last plagues?" |
| Rev 7:1-3 | Those who are going to stand, are those who receive the seal of God! Once God's people are sealed, the angel's loose the four winds of strife, and the seven last plagues begin to fall. |
| Rev 7:4 | 144,000 are sealed with the seal of God. |

Revelation identifies the 144,000

Revelation 14 naturally divides into three scenes which help to identify the 144,000 and what the message of God is that brings the seal of God upon God's people.

Scene 1: Revelation 14:1-5 The 144,000 seen victorious in heaven before the throne of God singing the new song with the music of harps.

Scene 2: Revelation 14:6-12 The Three Angel's Messages that produce the 144,000.

Scene 3: Revelation 14:13-20 The Return of Christ to redeem the 144,000.

Scene 4: Revelation 15:2,3 The 144,000 victorious in heaven singing the new song with the harps of God.

Rev 14:1 The 144,000 having the seal of God are saved in heaven. They stand with Jesus Christ in heaven.

Rev 14:2,3 The 144,000 are in heaven harping with their harps and singing a new song before God's throne. What song are they singing?

Rev 15:2,3 Here are the end-time people of God, the 144,000, they have harps, and they are singing the song of Moses and the Lamb. This is a song of victory. Moses sang a song of victory after their deliverance from Egypt. Now God's end-time people will sing in heaven a song of victory after their deliverance from the Antichrist.

Notice the 144,000 who have the seal of God have gained the victory over the beast, his image, and his mark. No other people will get the victory over the beast except those who receive the seal of God!

Therefore, the 144,000, the Israel of God at the end of time, are the people of God who respond faithfully to Christ's message heralded by the Three Angels of Revelation 14.

Rev 14:4,5 Not being "defiled with women" means they have not fallen into apostasy. Remember God calls apostasy from the truth spiritual adultery. The false church at the end-time is called a harlot woman in Rev 17. They were not defiled by the false doctrines taught by this harlot woman.

Being "virgins" means that they were pure in their faith. They follow the Lamb, Jesus Christ. They keep his truth. They have

accepted God's call in the three angels messages. The everlasting gospel has fitted them for salvation. They are the redeemed who will be translated from earth to heaven without experiencing death.

THEY ARE THOSE WHO RECEIVE THE SEAL OF THE LIVING GOD.

Rev 7:2

The "Angel ascending from the east, having the Seal." This angel bears a message that contains the Seal of God. Like the three angels of Rev. 14, this angel represents a divine message to the world that carries the Seal of God to all who accept it. It parallels the work of the three angels messages of Rev. 14. Those who accept the three angels messages will receive the Seal of God.

It is plain that the 144,000 are those people who respond to the Three Angels Messages. They are not literal Israelites, but the end time Israel of God made up of people from every "nation, kindred, tongue and people" (Rev. 14:6) who have stepped out to be loyal to Christ and His truth at the end of time.

Just as a remnant from literal Israel came out of Babylon after her captivity in the 6th century BC, so before Christ comes, God sends a message (Rev. 14:6-12), to come out of spiritual Babylon (Rev. 18:4), and get ready to return to the Mount Zion in heaven (Rev. 14:1) when Jesus comes. The remnant that do respond to God's end time call to come out of Babylon (Rev. 12:17; 14:12) make up the end time Israel of God, the 144,000, who will be redeemed from spiritual Babylon's oppression at the Second Advent.

144,000 ISRAELITES INDEED!

The whole of Revelation 7 is given to answer the question raised in the sixth seal, "The great day of His wrath is come; and who shall be able to stand?" (Rev. 6:17). *(Keep this question in mind, and it will protect you from many false ideas as to the meaning of the sealed saints of Revelation 7.)*

The wrath of God (Rev. 6:17; 14:10; 15:1) is contained in the Seven Last Plagues of Revelation chapter 15 & 16.

Keep in mind that throughout Revelation the principle of *repetition and expansion* is in use. The same events are repeated and expanded upon to provide further clarification.

- Examples of this principle of repetition and expansion are the Seven Churches, the Seven Seals, and the Seven Trumpets – all these lines of prophecy cover the same span of history from the Cross to the Second Advent, repeating and expanding upon issues that would face the people of God on their pilgrimage through Christian history toward the Second Advent.

- Another example is found in Revelation 7 itself. The chapter divides naturally into two scenes.

Scene 1: Revelation 7:1-8 answers the question of Revelation 6:17 “Who shall be able to stand?” The answer is 144,000 sealed saints of God, 12,000 from each tribe of Israel.

Scene 2: Revelation 7:9-17 describes the same group home in heaven round about the throne of God. They have come out of “great tribulation” (vs 14). Evidently, once they were sealed with the seal of God, the four angels holding back the winds of strife released their hold and the great tribulation began. The sealed saints were then protected by God until their deliverance at the Second Advent.

The context and structure of Revelation 7 answers a vital question, “Who are the 144,000?” “Are they a literal number of literal Israelites?” Scene 1 of Revelation 7 says they are 144,000 sealed saints of God, 12,000 from each tribe of Israel. Scene 2 of Revelation 7 then describes this same group “a great multitude, which no man could number, of all nations, kindreds (tribes), and people, and tongues” (Rev. 7:9).

The Sealing

1. CHARACTER LIKENESS:

The seal of God consists of the name of God upon the forehead.

“He who conquers,... I will write on him the name of my God,... and my own new name.” (Rev. 3:12)

“And I looked, and lo, a Lamb stood the Mount Zion, and with Him a hundred and forty-four thousand, having his Father’s name written in their foreheads.” (Rev. 14:1)

“They shall see His face, and His name shall be on their foreheads.” (Rev. 22:4)

The mark of the beast consists of the beast’s name upon the forehead or hand (Rev. 13:17). In Bible times a name represented character. When God proclaimed His name to Moses He described His character (Exod 34:5-7). Thus, the reception of the mark of the beast and the seal of God, consisting of the names of the beast and of God, denotes conformity to the character of Satan or God.

In the final conflict everyone will bear the image of the demonic or the divine.

2. OWNERSHIP

The sealing or marking of animals, objects, and men, indicated ownership. People were often sealed by marks upon the body: A servant's ear was pierced to show he belonged to his master forever (Exod. 21:6); circumcision was a mark on the body showing that Israel belonged to God (Gen. 17:9-12). Isaiah described the joy of being marked for God. "This one will say, 'I am the Lord's,' another will call himself by the name of Jacob, and another will write on his hand, 'The Lord's,' and surname himself by the name of Israel" (Isa. 44:5). Conversely, God engraves Zion on the palms of His hands (Isa. 49:16).

The sealing then, is a marking off of the people as belonging to God, His possession. Similarly, those marked with the name of the beast are the property of the beast.

3. PROTECTION

The sealing is also a sign of protection. The concept of a mark or seal to indicate protection is as old as the mark on Cain (Gen 4:15). The blood of the passover lamb sprinkled upon the doorposts was a sign of protection when the destroying angel came by. Seeing the mark of blood on the doorposts he passed over their homes (Exod 12:7, 12-13). Ezekiel's vision of judgment shows a write with an inkhorn setting a mark upon the faithful to protect them from death by the executioner (Ezek 9:4-5).

"This action of sealing with the seal or signet of God, is equivalent to a declaration, that they, who are sealed, appertain to God, and are distinguished as such from others who do not thus belong to Him, and are assured by Him of His protection against all evil." *Chr. Wordsworth, Lectures on the Apocalypse. Quoted by J.A. Seiss, in The Apocalypse, vol. 1, pp. 423, 424.*

"As to what was to be designated by the seal, the main idea is clear, that it was to place some such mark upon His friends that they would be known to be His, and that they would be safe in the impending calamities.... 1) That there would be some mark, sign, or token, by which they who were the people of God would be known.... Whether this was an outward badge, or a religious rite, or the doctrines which they would hold and by which they would be known, may be a fair subject of inquiry.... 2) It would be something that would be conspicuous or prominent, ... 3) This would be something appointed by God Himself. It would not be of human origin.... 4) This would be a pledge of safety. The design of sealing the persons referred to seems to have been to secure their safety in the impending calamities." *Albert Barnes Notes on the New Testament, (comments on Revelation chapter 7). Note: Albert Barnes was a famous Presbyterian Scholar during the 1850's.*

The sealed saints of God are protected from the seven last plagues, which fall only upon those who worship the beast and receive his mark (Rev 16:2).

4. AUTHORITY

- 1 Kings 21:8 Queen Jezebel wrote letters in the name of King Ahab of Israel. These letters were sealed with the King's seal or signet ring, thereby declaring the authority of the document.
- Esther 3:12 A law from King Ahas-u-erus was written and sealed with the King's seal or signet ring, and then sent to all his provinces. We are told here that a King's seal authenticates his laws, showing by whose authority the law is made.
- Esther 8:8 "You yourselves write a decree concerning the Jews, as you please, in the king's name, and seal it with the king's signet ring; for whatever is written in the king's name and sealed with the king's signet ring no one can revoke." Once again, a seal authenticates a law.

Seals on ancient documents and laws were given to show by whose authority the law or document was given. The seal of God therefore, denotes a people who are revealing in their lives the authority of God's Law. Their life and practice exhibit to whose authority they give their loyalty. In contrast, the mark of the beast reveals to all that they give their loyalty to the authority of the beast.

5. GENUINENESS

The above verses also indicate genuineness. The seal of God therefore, also secures the genuineness of the saints relationship to God. Their characters are fixed in loyalty to God. Being righteous, they are righteous still (Rev 22:11).

"to set a mark upon by the impress of a seal, or stamp; a signet-ring; the inscription or impression made by a seal; that by which anything is confirmed, proved, authenticated, as by a seal (a token or proof)." *Thayers, Greek-English Lexicon of the New Testament*, No. 4972, p. 609. (Explains the meaning of the word "seal" or "sealed".)

Significance of forehead/hand

- Deut. 6:8 "You shall bind them as a sign upon your hand, and they shall be as frontlets between your eyes."

Deuteronomy refers to the Law of God, the Ten Commandments, that were to be as a sign upon their hand or forehead. Chapter 5 is a repetition of the Ten Commandments, then in summary of their devotion to this law God said "You shall love the Lord your God with all your heart, and with all your soul, and with all your might" in every activity of life, whether teaching or talking, sitting or walking, lying

down or rising up (Deut 6:5-8). The total response of the mind, emotions, and behaviour was to be dedicated to loving God, and revealing that love by a faithful dedication to the Law of God.

The forehead symbolises the mind, the thought-life; and the right hand indicates the deed or action. In the context of Revelation both God and the beast power wish to control the mind and behaviour.

The followers of Christ all have the seal of God of the foreheads; whereas the followers of the beast have the mark on the forehead (indicating belief, allegiance) or the hand only (indicating obedience without mental assent).

Law of God - the focus of the Mark-Seal controversy

God's law substituted by the beast's. The mark on the right hand or forehead (Rev. 13:16) is an allusion to Deuteronomy 6:6-8, where God commanded Israel to bind His commandments (especially the Ten commandments of Deut 5) "as a sign upon your hand, and... as frontlets between your eyes."

The Jews literally carry out this injunction in their wearing of phylacteries. Hence, the mark on the hand or forehead signifies the writing of God's laws into the minds and behaviour of His people. The use of the forehead and hand by the beast suggests the substitution of the laws of the beast for the law of God.

The Issue is Obedience to God's Law. In Revelation, those who have the mark of the beast are set in contrast to those who have the seal of God and "who keep the commandments of God and the faith of Jesus" (Rev 14:12; 12:17; 22:14).

Therefore, those who receive the mark of the beast make themselves disobedient to God's law. Those who receive the seal of God are obedient to God's law.

Daniel 7:25 reveals that the Antichrist is opposed to God's law and seeks to change one of the eternal ten precepts of Jehovah. In 2 Thess 2:3 he is called the "man of sin" because he leads the world to transgress God's law. (Sin is defined as transgression of the ten commandments – 1 John 3:4; Romans 7:7)

The Sabbath is the Seal of God!

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From the above Bible evidence we find that a seal is something that reveals the authority of the law-making power. When the President of the United States of America puts his official seal on an executive order, it puts behind that document all the authority of the American Republic. Therefore, the seal of God must be something in His law that reveals God's authority as the great Lawgiver of heaven. Human seals were associated with human laws, but the divine seal of God is associated with the divine law, the Ten Commandments.

Isaiah 8:16 The seal of God is to be found in His Law.

THREE THINGS REQUIRED TO CONSTITUTE A SEAL:

1. NAME of the lawgiver.
2. TITLE ""
3. TERRITORY over which the lawgiver reigns.

For example, in Esther's time the law was sealed by the signet of Ahasuerus, king of the Medo-Persian Empire. His seal contained three things; (1) His name - Ahasuerus; (2) His distinguishing title - King; (3) The territory over which he had jurisdiction - Medo-Persia. The Seal of God must contain these three elements.

Exodus 20:8-11 The fourth commandment is the only commandment that authenticates God's Law and provides all three elements of a seal.

- 1) NAME - THE LORD, THY GOD
- 2) TITLE - CREATOR
- 3) TERRITORY - HEAVEN AND EARTH

Without this seal placed into God's law we would not know by whose authority the law is commanded. This seal identifies the lawgiver, the true Creator God, and sets him apart from all other gods.

THE SEVENTH DAY SABBATH THEREFORE IS THE SEAL OF GOD.

Romans 4:11 The terms "sign" or "seal" mean the same thing. The religious rite of circumcision was designed to be a "seal" or "sign" identifying the true worshippers of God in Old Testament times.

Ezekiel 20:12,20 God says His sign or seal is the seventh day sabbath. God says, "Hallow my sabbaths, and it shall be a sign (seal) between me and you, that you may know that I am the Lord thy God."

WHAT IS THE SABBATH A SIGN OR SEAL OF?

Exodus 20:8-11 The Sabbath is a memorial of God's creative power.

Ezekiel 20:12, 20 The Sabbath is a memorial that God is our Saviour & Sanctifier.

THE SABBATH IS THE SEAL OF GOD. IT AUTHENTICATES THAT GOD IS BOTH OUR CREATOR AND REDEEMER.

Revelation 14:7 God calls us to worship Him as Creator and Saviour. He calls us to receive His seal or mark that will identify us as belonging to Him. The Sabbath sets the worshipper apart as being loyal to the Creator, Jesus Christ, trusting in Him alone for salvation. Only those who receive the Seal (Sabbath) of God, will have victory over the beast, and will stand on the sea of glass before God's throne.

DOES THE LORD HAVE A DAY WHICH IS SPECIAL TO HIM?

Revelation 1:10 John was in the spirit on "the Lord's day."
Exodus 20:10 "The seventh day is the sabbath of the Lord thy God"
Isaiah 58:13 "the sabbath... my holy day... the holy of the Lord"
Mark 2:28 "the Son of man is Lord also of the sabbath"

THE BIBLE KNOWS NO OTHER DAY WHICH THE LORD CLAIMS AS HIS. THE SEVENTH DAY SABBATH IS THE LORD'S DAY FOR CHRISTIANS.

WHEN DID GOD GIVE THE SABBATH TO MANKIND?

GENESIS 2:1-3 The Sabbath was made before sin at the creation of the world.

God blessed, sanctified (set apart for a holy purpose), and rested on the sabbath day, the seventh day of creation week. Adam and Eve, and their descendants were to keep this day holy in honour of their Creator.

1 Chron 17:27 When God blesses something, it is blessed forever.

Two institutions come down to our day from the garden of Eden, Marriage and the Sabbath, and both are being attacked by the devil in our day!

Jesus is the Creator. John 1:1-3; Col 1:16. Therefore it was Jesus who made the world, and made the sabbath. It is the sabbath of Jesus, the Lord's day. In keeping the sabbath, you honour your Creator, Jesus Christ.

DID THE SABBATH ORIGINATE AT MT SINAI?

EXODUS 16:23-30 The Sabbath was not originated at Mt Sinai, but existed long before.

Before the Ten Commandments were spoken by God on Mt Sinai, the sabbath existed, because it came from creation. God performed three miracles every week for forty years to show the Jews which day was His sabbath. There was twice as much manna on Friday, there was no manna on the sabbath, and the portion kept over for the sabbath did not rot overnight on Friday.

When they disobeyed God's command to keep his sabbath, God said "How long refuse ye to keep my commandments and my laws?"

There has been no lost time. The weekly cycle of seven days has come down to us from creation week. The Jews still keep Saturday as the sabbath, and they have done so for 3,500 years! Saturday is the sabbath of God, the seventh day of the week.

IS THE SABBATH PART OF GOD'S TEN COMMANDMENT LAW?

EXODUS 20:8-11 The Sabbath is the Heart of God's Law.

It is the only commandment which tells us who this God is who is commanding this law. The reason for keeping it is because God created everything in six days and rested on the seventh day. God says, "Remember it" or don't forget it! However, most of Christendom has forgotten it!

SHOULD WE LOVINGLY KEEP ALL TEN COMMANDMENTS?

James 2:10-12 To break God's law in one point only, we become guilty of all of it.

1 John 3:4; Rom 7:7 Breaking the law is sin.

IS THE SABBATH GOD'S SPECIAL SIGN OR SEAL OF RELATIONSHIP TO HIS PEOPLE?

EXODUS 31:13; EZEKIEL 20:12,20 The Sabbath is a sign between God and His people.

The sabbath is a sign between God and His people, that He is Lord, the one to whom we belong, the one who sanctifies us. It is the Seal of God.

WHAT DID JESUS TEACH ABOUT THE SABBATH?

Luke 4:16	It was Jesus "custom" to keep the sabbath. Jesus is our example.
Mark 2:27,28	The sabbath was made for all mankind, not for the Jews only!
Matt 12:1-12	Jesus says it is "lawful" to do well on the sabbath.
Mark 3:1-4; Luke 13:10-15	Jesus showed how the sabbath should be kept. Lawful to do well.
Matt 5:17-19	Jesus did not come to do away with God's Law, but to show how it should be kept.
Isaiah 42:21	The Messiah would magnify the law and make it honourable.
Matt 19:17-19	Jesus taught that we should keep the commandments.
Matt 15:1-9; Mark 7:6-13	Jesus said it was hypocrisy to keep man-made laws instead of God's commandments.

WHAT WAS PAUL'S EXAMPLE ABOUT THE SABBATH.

Acts 17:12	It was Paul's "custom" to keep the sabbath.
Acts 18:3,4,11	Paul worked for 1 1/2 years in Corinth as a tentmaker, but on sabbath he laid down his tools and kept the sabbath. He preached in the synagogue every sabbath for 1 1/2 years. He never kept Sunday.
Acts 13:42-44	Paul preached to a whole town of Gentiles on the sabbath.
Acts 16:13	At Philippi, Paul kept the sabbath by a riverside.
Acts 25:7,8; 28:17	Paul never offended in any point against the law of the Jews. He was never charged by the Jews as being a sabbathbreaker! They did attack him for teaching that the ceremonial ritual had been done away with.
Colossians 2:14-17; Ephesians 2:15	Paul taught that the ceremonial ritual was done away with.
Acts 20:27	Paul declared the whole counsel of God. He never mentioned any change in the day of worship.

WAS THE SABBATH TO BE KEPT AFTER THE CROSS?

Luke 23:54-56; 24:1	Christ died on Good Friday (the preparation day). He rose from the dead on Easter Sunday, the first day of the week. Jesus made no mention at all of a change of the sabbath, because the holy women, rather than embalm his body during the sabbath hours, "rested the sabbath day according to the commandment."
Matt 24:20	Jesus expected his disciples to be still keeping the sabbath 40 years after the cross. To be fleeing from Jerusalem and Judea on the sabbath would not be in accord with the sacredness of the day, so Jesus told his followers to pray that they would not have to flee on the sabbath!
Revelation 1:10	Sixty years after the cross the Lord still had a day! The Lord's day is the sabbath day.

- Mark 2:28 "Lord of the Sabbath"
- Exodus 20:10 "The Sabbath of the Lord thy God"
- Isaiah 58:13 "My Holy day"

WILL THE SABBATH BE KEPT FOR ALL ETERNITY IN HEAVEN?

Isaiah 66:22,23 In the New Heaven and New Earth God says that all the saved will come to worship before him every sabbath! If we are going to keep the sabbath in heaven, don't you think we ought to keep it now?

Sunday will never be kept in heaven. The Sabbath is eternal.

WHEN DOES THE SABBATH BEGIN AND END?

Leviticus 23:32 From even to even.
Mark 1:32 From sunset to sunset.
Genesis 1:5 The Bible day begins and ends at sunset. It was not until the Middle Ages that the day was changed to begin and end at midnight. The Sabbath is to be kept from sunset Friday to sunset Saturday.

HOW SHOULD I KEEP THE SABBATH?

Exodus 20:8-11 Keep it holy, a special day for God. Unnecessary work is forbidden. Keep the day free for the worship of God. Necessary work involves only that which is essential for the caring of humanity. Eg. Hospitals need to function. Jesus said "it is lawful to do well on the sabbath."
Isaiah 58:13,14 Apart from this we should not work on the sabbath.
Isaiah 58:13,14 Make the sabbath a "delight" and a "joy." Make it the highlight of the week.
Matt 12:12 It is "lawful" to do well on the sabbath.
Acts 13:14; Go to church on the sabbath to hear the Word of God.
Luke 4:16
Luke 23:54 Friday is the preparation day. Prepare for the sabbath beforehand. Make the sabbath a special day to look forward to, a day different from the other six. Honour God and He will honour you.
Jeremiah 17:21-27 We should not bear unnecessary burdens on the sabbath.
Nehemiah 13:15-18 Do your mowing some other time.
Nehemiah 13:15-18 We should not buy and sell on the sabbath. It is an "evil thing."

WHY SHOULD I KEEP THE SABBATH?

John 14:15,21; 1 John 5:2,3 ; Romans 13:9,10

Love is the only reason for keeping it. If we truly love God, this will be manifest not by doing what we think is right, but by doing what God says is right.

Psalm 119:165 There is great peace of mind that comes to the Christian that loves God and obeys Him.

1 Cor 15:1-4; 1 John 3:4; Rom 7:7

Christ died for our sins, and sin is defined as breaking the Ten Commandments. If we are grateful for what Jesus has done for us, then we will not want to willfully sin against Him. Love for Christ will bar our way from sin.

KEEPING THE SABBATH DECLARES YOUR LOYALTY TO YOUR CREATOR. IT IS THE OUTWARD SIGN OF YOUR LIFE COMMITMENT TO JESUS CHRIST. IT IS THE SEAL OF GOD.

DOES IT REALLY MATTER WHICH DAY I KEEP?

Matt 15:1-9 Human traditions and man-made teachings don't matter.
Ecclesiastes 12:13 What matters is that we come into harmony with God's Law.
THIS IS THE WHOLE DUTY OF MAN.

Proverbs 14:12 "There is a way that seemeth right unto a man, but the end thereof are the ways of death."

God does not leave it with you and I to determine what is right and wrong. It is sin to break the Ten Commandments. It is because of sin that Christ died on the cruel cross of Calvary. Christ suffered there for me, because I have broken His Law. How can anyone stand before the cross of Christ and then go on willfully breaking any one of God's commandments, and say "Oh, It doesn't really matter!" IT MATTERS TO GOD. CHRIST DIED BECAUSE HIS LAW COULD NOT BE CHANGED. IF God could have released man from the penalty of breaking His law by changing His law, then Christ need not have died on the cross. But because God does not change, and because His law cannot be changed, Christ had to come and pay the penalty for your sin.

CHRIST ON CALVARY'S CROSS IS ALL THE REASON I NEED TO KEEP HIS SABBATH. IT IS THE MOST POWERFUL ARGUMENT WHY EVERY LOVER OF GOD SHOULD MAKE HASTE TO KEEP GOD'S SABBATH.

WHEN SHOULD I START KEEPING THE SABBATH?

Psalm 119:60 "I made haste, and delayed not to keep thy commandments."
Plan to keep God's Sabbath this Sabbath!